

PQ4R-METHOD

Texts are often the basis for the development of specialised knowledge, questions, etc. It is therefore indispensable to read the text thoroughly. But how do the contents of the text stay in the mind better?

This is where the „**PQ4R method**“ provides support. It offers strategies for preparing reading, for systematic reading and for following up reading.

Even if it seems more time-consuming at first. Scientific studies have shown that asking questions independently leads to more concentrated work on the text and thus to better memory.

JUST TRY IT OUT.

PREVIEW

First, skim all the chapters and identify the topics covered in them. Pay attention to (intermediate) headings and try to delineate sections that are to be read as a unit. The following four steps should then be applied to each of these sections.

QUESTIONS

Formulate questions for each section and write them down.

READ

Read each section carefully and try to answer the question(s) posed earlier.



REFLECT

Reflect on the content of the passage, try to find examples or counter-examples for the content, develop additional arguments or critically review the given arguments and relate to your prior knowledge about the topic.

RECITE

Put the text away at this point and try to recall the content.
Also try to answer the previously formulated questions again.

REVIEW

After you have worked through an entire chapter using steps 1-5, go through it again mentally and recall the most important points. Again, try to answer the questions posed earlier.

DIDACTIC FUNCTIONS

- Encourage independent text study, active text work.
- Work on texts in such a way that what has been worked on can serve as a basis for the following work phases.
- Prepare critical discussions with other participants based on the new insights gained.
- Integrate what has been read into existing knowledge.

LEARNING GOALS

- Be able to independently develop expertise in dealing with a text.
- Be able to critically review texts.
- Improve reading ability.
- Develop an individual reading style
- Be able to work with texts independently, intensively and actively.
- Being able to ask your own questions about the text.
- Be able to reproduce texts in their own words.

References:

Alsheimer/Müller/Papenkort (1996): Spielend Kurse planen.
Knoll (1997): Kurs- und Seminarmethoden.
Krämer/Walter (1994): Effektives Lehren in der Erwachsenenbildung.
Lehner/Ziep (1997): Phantastische Lernwelt – vom „Wissensvermittler“ zum „Lernhelfer“.

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